

# HEALTHY PEOPLE

living healthy lives  
in healthy communities



Northern, Eastern and Western Devon  
Clinical Commissioning Group

## Did you know as much as £5.5 million is wasted each year in Devon on unused medicines?

The same amount could pay for approximately:

- 730 heart bypass operations
- or 1,000 hip replacements
- or 2,235 knee replacements
- or 10,720 cataract operations

You can help us use this NHS money in Devon more wisely:

- |               |                                                                                                                                                                        |
|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Check</b>  | Look at your supplies – order only the items that you need.                                                                                                            |
| <b>Listen</b> | Listen to the advice from your doctor, nurse or pharmacist and take all medicines as instructed on the label.                                                          |
| <b>Tell</b>   | Tell your doctor, nurse or pharmacist if your medicines are not agreeing with you or you have stopped taking them.                                                     |
| <b>Tick</b>   | Using the counterfoil of the prescription, tick only the medicines you need, and remember “tick in haste – medicines waste.”                                           |
| <b>Open</b>   | Open your bag of medication while at the pharmacy. If you have item(s) not requested, or surplus to your needs for the next month, please return these before leaving. |